



## Brighter Days Volunteer

### ✨ Who we're looking for

We're looking for **friendly, enthusiastic volunteers** to help with our Brighter Days programme and sessions

We're looking for friendly, creative volunteers to help design and deliver our *Brighter Days* carers packs and to support creative sessions. Brighter Days packs are filled with joy, colour, and care – and offer a vital lift for unpaid carers across Mendip connecting recipients to their local community through contributions from local schools etc.

#### Role Overview:

As a volunteer in our **Creative Sessions Team**, you'll help:

- Co-design simple, uplifting creative activities and wellbeing prompts for the packs
- Support and co-lead monthly sessions to create the packs with other volunteers and community members
- Help prepare and package the packs in a fun, welcoming setting
- Serve refreshments and help create a warm, inclusive atmosphere

#### This role is perfect for you if you:

- Enjoy creative making, craft or design (no experience needed – just enthusiasm!)
- Love working with others and helping people feel included
- Have an interest in mental health, creativity or supporting carers
- Are happy to pitch in and be part of a supportive team

You'll receive safeguarding training and a DBS check through Make the Sunshine. No previous experience is required.

## What You'll Get

- To join an amazing vibrant community
- The chance to use and grow your creativity
- Experience in community arts and wellbeing projects
- A welcoming, supportive team
- The chance to meet and work alongside amazing artists!



## Time commitment

Shepton Mallet & Home Based

6 hours/month (1 x 3hr session per month + planning/prep)



## About us

Make the Sunshine is an award-winning Community Interest Company based in Mendip, Somerset, using arts and imagination to bring people together and create positive social change. We work with young people, older adults, schools, care homes, and rural communities—co-creating joyful, inclusive creative projects that improve wellbeing, mental-health, learning, and build social connection.

We're now entering an exciting new phase: **transitioning to a Charitable Incorporated Organisation (CIO)** and expanding our range of services and programmes. We'd love to hear from you if you are interested in being involved.

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## Interested?

To express your interest, please [complete the form here](#). If you'd prefer to share your interest via video or voice note, that's welcome too.

If you'd like to chat we'd love to hear from you.

**[www.makethesunshine.co.uk](http://www.makethesunshine.co.uk) :: @makethesunshinecic :: 07834 039 030**